

Herbal Formula Quick Reference

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
RELEASE EXTERIOR	Wind-Cold	Ma Huang Tang Ephedra Decoction	Exterior wind-cold excess conditions (<i>Taiyang Excess</i>)
		Da Qing Long Tang Major Bluegreen Dragon Decoction	Wind-cold on the exterior with interior heat from constraint
		Gui Zhi Tang Cinnamon Twig Decoction	Exterior wind-cold deficiency conditions (<i>Taiyang Deficiency</i>)
		Ge Gen Tang Kudzu Decoction	Exterior wind-cold at the Taiyang level with stiff neck and upper back
		Xiao Qing Long Tang Minor Bluegreen Dragon Decoction	Exterior wind-cold with thin mucus collecting in the Lung
		Xiang Su San Cyperus and Perilla Leaf Powder	Exterior wind-cold with qi constraint in the interior
	Wind-Heat	Sang Ju Yin Mulberry Leaf and Chrysanthemum Drink	Early-stage wind-heat with cough or eye disorders
		Yin Qiao San Honeysuckle and Forsythia Powder	Exterior wind-heat with sore throat
		Chai Ge Jie Ji Tang Bupleurum and Kudzu Decoction to Release the Muscle Layer	Exterior wind-cold (<i>Taiyang</i>) transforming into interior heat (<i>Yangming</i>)
		Sheng Ma Ge Gen Tang Cimicifuga and Kudzu Decoction	Early-stage measles and rashes due to externally-contracted heat
	Interior Deficiency	Ren Shen Bai Du San Ginseng Powder to Overcome Pathogenic Influences	Externally-contracted wind-cold-dampness with preexisting qi deficiency
		Jing Fang Bai Du San Schizonepeta and Saposhnikovia Powder to Overcome Pathogenic Influences	Externally-contracted wind-cold-dampness without underlying deficiency
		Jia Jian Wei Rui Tang Modified Solomon's Seal Decoction	Exterior wind-heat in a patient with underlying yin deficiency

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DRAIN DOWNWARD	Heat Accumulation	Da Cheng Qi Tang Major Order the Qi Decoction	Excess heat in the Yangming organs causing constipation and abdominal pain that is worse with pressure
		Xiao Cheng Qi Tang Minor Order the Qi Decoction	Moderate heat in the Yangming organs causing constipation with abdominal pain that does not increase with pressure
		Tiao Wei Cheng Qi Tang Regulate the Stomach and Order the Qi Decoction	Mild heat in the Yangming organs causing constipation without abdominal pain
	Moisten Intestines	Run Chang Wan Moisten the Intestines Pill	Constipation due to yin deficiency with desiccated Intestines (common in elderly & postpartum)
		Ma Zi Ren Wan Hemp Seed Pill	Constipation due to heat-dryness blocking the movement of fluids in the Spleen (<i>Spleen Bind</i>)
		Ji Chuan Jian Benefit the River [Flow] Decoction	Constipation due to Kidney yang deficiency
	Attack & Tonify	Zeng Ye Cheng Qi Tang Increase the Fluids and Order the Qi Decoction	Constipation due to heat burning up the fluids in the Stomach and Intestines
HARMONIZE	Shao Yang	Xiao Chai Hu Tang Minor Bupleurum Decoction	Shaoyang syndrome with alternating fever and chills, bitter taste in the mouth, and nausea
		Chai Hu Gui Zhi Tang Bupleurum and Cinnamon Twig Decoction	Shaoyang disorder where the exterior has not been completely released
		Chai Hu Jia Long Gu Mu Li Tang Bupleurum plus Dragon Bone and Oyster Shell Decoction	Disorders in all three of the yang channels with a disturbed spirit
	Liver & Spleen	Si Ni San Frigid Extremities Powder	Cold limbs due to Liver qi stagnation with Liver overacting on Spleen
		Xiao Yao San Rambling Powder	Liver qi stagnation with Spleen qi deficiency and blood deficiency
		Jia Wei Xiao Yao San Augmented Rambling Powder	Liver qi stagnation with Spleen deficiency transforming into heat
		Tong Xie Yao Fang Important Formula for Painful Diarrhea	Painful diarrhea due to Spleen deficiency with an overcontrolling Liver
	Stomach & Intestines	Ban Xia Xie Xin Tang Pinellia Decoction to Drain the Epigastrium	Epigastric focal distention due to clumping of heat and fluids

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CLEAR HEAT	Qi Level	Bai Hu Tang White Tiger Decoction	Blazing heat in the Yangming channel or Qi level
		Zhu Ye Shi Gao Tang Lophatherum and Gypsum Decoction	Qi-level heat lingering in the Lung and Stomach injuring the qi and fluids
	Nutritive & Blood Level	Qing Ying Tang Clear the Nutritive Level Decoction	Heat entering the Ying (nutritive) level
		Xi Jiao Di Huang Tang Rhinceros Horn and Rehmannia Decoction	Heat entering the Xue (blood) level
	Heat Toxicity	Huang Lian Jie Du Tang Coptis Decoction to Resolve Toxicity	Heat toxicity in all three burners
		Xie Xin Tang Drain the Epigastrium Decoction	Excess damp-heat with interior clumping
		Pu Ji Xiao Du Yin Universal Benefit Drink to Eliminate Toxin	Massive febrile disorder of the head due to epidemic toxin with wind-heat and damp-phlegm
		Liang Ge San Cool the Diaphragm Powder	Heat in the middle and upper burners
	Qi & Blood Levels	Qing Wen Bai Du Yin Clear Epidemics and Overcome Toxicity Drink	Severe fire in the qi and blood levels

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CLEAR HEAT (CONT.)	Organ Heat	Ma Xing Shi Gan Tang Ephedra, Apricot Kernel, Gypsum and Licorice Decoction	Coughing and wheezing due to heat in the Lung obstructing the flow of Lung qi
		Xie Bai San Drain the White Powder	Coughing and wheezing caused by lurking fire due to constrained heat in the Lung
		Xie Huang San Drain the Yellow Powder	Lurking fire in the Spleen
		Qing Wei San Clear the Stomach Powder	Heat in the Stomach causing toothache and bleeding gums
		Yu Nu Jian Jade Woman Decoction	Stomach heat with underlying Kidney yin deficiency
		Dao Chi San Guide Out the Red Powder	Heart heat pouring into the Small Intestine channel
		Long Dan Xie Gan Tang Gentian Decoction to Drain the Liver	Excess fire or damp-heat in the Liver and Gallbladder
		Zuo Jin Wan Left Metal Pill	Vomiting due to heat in the Liver channel causing Liver and Stomach disharmony
		Shao Yao Tang Peony Decoction	Dysentery due to damp-heat lodged in the Intestines with equal amounts of blood and pus
		Bai Tou Weng Tang Pulsatilla Decoction	Dysentery due to heat toxicity searing the Stomach and Intestines with more blood than pus
	Deficiency Heat	Qing Hao Bie Jia Tang Sweet Wormwood and Soft-shelled Turtle Shell Decoction	Heat lurking in the yin aspects of the body occurring in the later stages of a febrile disease
		Qing Gu San Cool the Bones Powder	Steaming bone disorder due to Liver and Kidney yin deficiency
		Dang Gui Liu Huang Tang Tangkuei and Six-Yellow Decoction	Night sweats due to interior heat with underlying blood and yin deficiency
DISPEL SUMMERHEAT	Summerheat & Dampness	Liu Yi San Six-to-One Powder	Summerheat with interior dampness

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WARM INTERIOR COLD	Warm Channels	Dang Gui Si Ni Tang Tangkuei Decoction for Frigid Extremities	Cold extremities due to cold in the channels with underlying blood deficiency
	Warm the Middle	Li Zhong Wan Regulate the Middle Pill	Deficiency cold in the middle burner, aka Spleen/Stomach yang deficiency
		Fu Zi Li Zhong Wan Aconite Accessory Root Pill to Regulate the Middle	Severe cold from deficiency of the Spleen and Stomach with debilitated yang
		Wu Zhu Yu Tang Evodia Decoction	Vomiting due to deficiency cold of the Stomach (Yangming), Liver (Jueyin), or Kidney (Shaoyin)
		Xiao Jian Zhong Tang Minor Construct the Middle Decoction	Abdominal pain (better with warmth and pressure) due to deficiency cold in the middle burner
		Huang Qi Jian Zhong Tang Astragalus Decoction to Construct the Middle	Abdominal pain due to deficiency cold with more pronounced qi deficiency
		Da Jian Zhong Tang Major Construct the Middle Decoction	Severe abdominal pain that cannot tolerate pressure due to middle-burner yang deficiency with vigorous cold in the interior
	Rescue Yang	Si Ni Tang Frigid Extremities Decoction	Cold extremities due to yang deficiency during a Shaoyin disorder; yang collapse
		Shen Fu Tang Ginseng and Aconite Accessory Root Decoction	Severe deficiency of source qi with sudden collapse of yang qi
EXTERIOR- INTERIOR EXCESS	Release Exterior & Purge Interior	Da Chai Hu Tang Major Bupleurum Decoction	Concurrent Shaoyang and Yangming disorder
		Fang Feng Tong Sheng San Saposhnikovia Powder That Sagely Unblocks	Exterior wind-heat with interior heat excess (constipation)
	Release Exterior & Clear Interior	Ge Gen Huang Qin Huang Lian Tang Kudzu, Scutellaria, and Coptis Decoction	Incompletely resolved exterior with blazing interior heat causing dysenteric diarrhea

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
TONIFY	Tonify Qi	Si Jun Zi Tang Four-Gentlemen Decoction	Spleen qi deficiency
		Liu Jun Zi Tang Six-Gentlemen Decoction	Spleen qi deficiency with phlegm-dampness
		Xiang Sha Liu Jun Zi Tang Six-Gentlemen Decoction with Aucklandia and Amomum	Spleen and Stomach qi deficiency with damp-cold stagnating in the middle burner
		Shen Ling Bai Zhu San Ginseng, Poria, and White Atractylodes Powder	Spleen qi deficiency with dampness causing diarrhea
		Bu Zhong Yi Qi Tang Tonify the Middle to Augment the Qi Decoction	Spleen and Stomach qi deficiency with inability to raise the clear yang
		Yu Ping Feng San Jade Windscreen Powder	Deficiency of Wei qi causing spontaneous sweating and recurrent colds
		Sheng Mai San Generate the Pulse Powder	Lung qi and yin deficiency
		Bu Fei Tang Tonify the Lungs Decoction	Lung qi deficiency
	Tonify Blood	Si Wu Tang Four-Substance Decoction	Generalized blood deficiency and blood stasis
		Tao Hong Si Wu Tang Four-Substance Decoction with Safflower and Peach Pit	Blood deficiency with more pronounced blood stasis
		Dang Gui Bu Xue Tang Tangkuei Decoction to Tonify the Blood	Blood deficiency with heat due to floating yang
		Shao Yao Gan Cao Tang Peony and Licorice Decoction	Cramping or spasm due to blood deficiency or injury to the fluids

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
TONIFY (CONT.)	Tonify Qi & Blood	Ba Zhen Tang Eight-Treasure Decoction	Concurrent deficiency of both qi and blood
		Shi Quan Da Bu Tang All-Inclusive Great Tonifying Decoction	Qi and blood deficiency with a tendency toward internal cold
		Gui Pi Tang Restore the Spleen Decoction	Spleen qi and Heart blood deficiency
		Zhi Gan Cao Tang Prepared Licorice Decoction	Deficiency of Heart qi and Heart blood causing palpitations and irregular pulse
		Taishan Pan Shi San Taishan Bedrock Powder	Restless fetus due to qi and blood deficiency
	Tonify Yin	Liu Wei Di Huang Wan Six-Ingredient Pill with Rehmannia	Kidney and Liver yin deficiency
		Du Qi Wan Capital Qi Pill	Chronic wheezing or spermatorrhea due to Kidney deficiency failing to grasp the qi
		Qi Ju Di Huang Wan Lycium Fruit, Chrysanthemum, and Rehmannia Pill	Liver and Kidney yin deficiency affecting the eyes
		Zhi Bai Di Huang Wan Anemarrhena, Phellodendron, and Rehmannia Pill	Kidney yin deficiency with vigorous fire from deficiency
		Zuo Gui Wan Restore the Left [Kidney] Pill	Kidney yin deficiency with damage to the essence (more potent)
		Zuo Gui Yin Restore the Left [Kidney] Drink	Kidney yin deficiency with damage to the essence (less potent)
		Da Bu Yin Wan Great Tonify the Yin Pill	Yin deficiency with fire flaring upwards
		Yi Guan Jian Linking Decoction	Liver and Kidney yin deficiency with Liver qi stagnation
		Er Zhi Wan Two-Solstice Pill	Liver and Kidney yin deficiency with chronic bleeding or premature greying of hair
		Bai He Gu Jin Tang Lily Bulb Decoction to Preserve the Metal	Lung dryness due to Lung and Kidney yin deficiency with heat from deficiency

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
TONIFY (CONT.)	Tonify Yang	Shen Qi Wan Kidney Qi Pill	Kidney yang deficiency
		You Gui Wan Restore the Right [Kidney] Pill	Kidney yang and essence deficiency (more potent)
		You Gui Yin Restore the Right [Kidney] Drink	Kidney yang and essence deficiency (less potent)
	Tonify Yin & Yang	Er Xian Tang Two-Immortal Decoction	Kidney yin and yang deficiency with fire flaring up
STABILIZE & BIND	Stop Sweating	Mu Li San Oyster Shell Powder	Spontaneous sweating due to unstable Wei qi and night sweats due to constrained heat at the level of the Ying qi
	Bind Intestines	Zhen Ren Yang Zang Tang True Man's Decoction to Nourish the Organs	Spleen and Kidney yang deficiency causing chronic, unremitting diarrhea
		Si Shen Wan Four-Miracle Pill	Early morning diarrhea due to Spleen and Kidney yang deficiency
	Secure Essence	Jin Suo Gu Jing Wan Metal Lock Pill to Stabilize the Essence	Spermatorrhea due to Kidney deficiency
		Sang Piao Xiao San Mantis Egg-Case Powder	Frequent urination due to Kidney and Heart qi deficiency
		Gui Zhi Jia Long Gu Mu Li Tang Cinnamon Twig Decoction plus Dragon Bone and Oyster Shell	Spermatorrhea in men or dreaming of sexual intercourse in women due to deficiency of yin and yang, with floating yang above and draining of yin essence below
		Shou Tai Wan Fetus Longevity Pill	Restless fetus due to Kidney deficiency
	Uterine Bleeding & Discharge	Gu Jing Wan Stabilize the Menses Pill	Uterine bleeding (flooding and spotting) due to heat entering the Ren and Chong caused by Liver qi constraint and yin deficiency
		Wan Dai Tang End Discharge Decoction	Leukorrhea due to Spleen deficiency with dampness and Liver qi constraint

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
CALM THE SPIRIT	Nourish the Heart	Tian Wang Bu Xin Dan Emperor of Heaven's Special Pill to Tonify the Heart	Restless state of mind due to yin and blood deficiency, with the Heart and Kidney not communicating
		Suan Zao Ren Tang Sour Jujube Decoction	Liver blood deficiency with heat from constraint (deficiency overwork, inability to sleep)
		Ding Zhi Wan Settle the Emotions Pill	Heart qi deficiency and constraint caused by phlegm turbidity
		Huang Lian E Jiao Tang Coptis and Ass-Hide Gelatin Decoction	Excess heat and blood deficiency in the Heart (Shaoyin)
		Gan Mai Da Zao Tang Licorice, Wheat, and Jujube Decoction	Restless organ disorder (<i>Zang Zao</i>) due to qi and yin deficiency of the Heart and Spleen

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
REGULATE QI	Move Qi	Yue Ju Wan Escape Restraint Pill	The six types of constraint: qi, fire, blood, dampness, phlegm, and food
		Chai Hu Shu Gan San Bupleurum Powder to Dredge the Liver	Liver qi stagnation causing pain
		Gua Lou Xie Bai Ban Xia Tang Trichosanthes Fruit, Chinese Garlic, and Pinellia Decoction	Painful obstruction of the chest with phlegm accumulation
		Ban Xia Hou Po Tang Pinellia and Magnolia Bark Decoction	Plum pit qi due to Liver qi stagnation and phlegm-dampness
		Liang Fu Wan Galangal and Cyperus Pill	Liver qi stagnation with Stomach cold causing epigastric and hypochondriac pain
		Jin Ling Zi San Melia Toosendan Powder	Pain due to Liver qi stagnation transforming into heat
		Tian Tai Wu Yao San Top-Quality Lindera Powder	Shan disorder due to cold invading the Liver channel and causing qi stagnation
		Nuan Gan Jian Warm the Liver Decoction	Cold-type Shan disorder with underlying Liver yang and blood deficiency
	Direct Qi Downward	Su Zi Jiang Qi Tang Perilla Fruit Decoction for Directing Qi Downward	Coughing and wheezing due to congested fluids in the Lung (excess above) with Kidney yang deficiency (deficiency below)
		Ding Chuan Tang Arrest Wheezing Decoction	Coughing and wheezing due to wind-cold constraining the exterior and phlegm-heat in the interior
		Xuan Fu Dai Zhe Tang Inula and Hematite Decoction	Rebellious Stomach qi due to phlegm turbidity with Stomach qi deficiency
		Ju Pi Zhu Ru Tang Tangerine Peel and Bamboo Shavings Decoction	Rebellious Stomach qi (hiccup) due to Stomach deficiency with heat from constraint

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
REGULATE BLOOD	Invigorate Blood	Tao He Cheng Qi Tang Peach Pit Decoction to Order the Qi	Blood buildup in the lower burner caused by the accumulation of blood stasis and heat
		Xue Fu Zhu Yu Tang Drive Out Stasis from the Mansion of Blood Decoction	Blood stasis with qi stagnation in the area above the diaphragm
		Ge Xia Zhu Yu Tang Drive Out Stasis Below the Diaphragm Decoction	Blood stasis clumping below the diaphragm (fixed abdominal masses)
		Shao Fu Zhu Yu Tang Drive Out Stasis from the Lower Abdomen Decoction	Blood stasis in the lower abdomen due to cold
		Shen Tong Zhu Yu Tang Drive Out Stasis from a Painful Body Decoction	Painful obstruction due to blood stasis and qi stagnation in the channels and collaterals
		Bu Yang Huan Wu Tang Tonify the Yang to Restore Five [-Tenths] Decoction	Post-stroke conditions (hemiplegia) due to qi deficiency leading to blood stasis obstructing the channels
		Fu Yuan Huo Xue Tang Revive Health by Invigorating the Blood Decoction	Blood stasis and qi stagnation in the trunk due to traumatic injury
		Wen Jing Tang Flow-Warming Decoction	Irregular menses due to deficiency and cold of the Ren and Chong vessels together with blood stasis
		Sheng Hua Tang Generating and Transforming Decoction	Retention of lochia due to blood stasis and cold
		Gui Zhi Fu Ling Wan Cinnamon Twig and Poria Pill	Bleeding during pregnancy due to blood stasis
		Dang Gui Shao Yao San Tangkuei and Peony Powder	Cramping abdominal pain due to Liver/Spleen disharmony with both blood stasis and qi stagnation due to dampness
		Shi Xiao San Sudden Smile Powder	Lower abdominal pain due to blood stasis
		Dan Shen Yin Salvia Drink	Blood stasis and qi stagnation in the middle burner that causes abdominal or epigastric pain that may radiate upward into the chest

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REGULATE BLOOD (CONT.)	Stop Bleeding	Shi Hui San Ten Partially-charred Substances Powder	Acute bleeding in the upper body due to heat in the middle and upper burners
		Xiao Ji Yin Zi Small Thistle Drink	Blood in the urine due to heat in the lower burner
		Huai Hua San Sophora Japonica Flower Powder	Rectal bleeding due to wind-heat or damp-heat in the Stomach and Intestines
		Jiao Ai Tang Ass-Hide Gelatin and Mugwort Decoction	Uterine bleeding due to deficiency of the Ren and Chong with a tendency toward cold
EXPEL WIND	External Wind	Chuan Xiong Cha Tiao San Chuanxiong Powder to be Taken with Green Tea	Headache due to externally-contracted wind
		Cang Er Zi San Xanthium Powder	Nasal congestion or discharge due to external wind
		Xiao Huo Luo Dan Minor Invigorate the Collaterals Special Pill	Obstruction of the channels and collaterals by wind-cold-damp pathogens, blood stasis, and phlegm following wind-stroke
		Qian Zheng San Lead to Symmetry Powder	Channel-stroke from wind-phlegm with symptoms confined to the head and face
		Xiao Feng San Eliminate Wind Powder from Orthodox Lineage	Itchiness and rash due to wind-heat or wind-dampness with pre-existing damp-heat
		Dang Gui Yin Zi Tangkuei Drink	Itching and rash due to exterior wind with underlying blood deficiency
	Internal Wind	Ling Jiao Gou Teng Tang Antelope Horn and Uncaria Decoction	Heat excess in the Liver channel stirring up internal wind
		Zhen Gan Xi Feng Tang Sedate the Liver and Extinguish Wind Decoction	Wind-type stroke caused by excessive upward-gushing of qi that, in turn, leads to congestion of blood in the brain
		Tian Ma Gou Teng Yin Gastrodia and Uncaria Drink	Liver yang rising leading to internal stirring of Liver wind (hypertensive headache)

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TREAT DRYNESS	Gently Moisten	Xing Su San Apricot Kernel and Perilla Leaf Powder	Externally-contracted cool-dryness
		Sang Xing Tang Mulberry Leaf and Apricot Kernel Decoction	Externally-contracted warm-dryness
		Qing Zao Jiu Fei Tang Clear Dryness and Rescue the Lungs Decoction	Warm-dryness attacking the Lung with damage to both qi and yin
		Sha Shen Mai Men Dong Tang Glehnia and Ophiopogonis Decoction	Injury to the Lung, Stomach, and fluids from dryness
	Enrich Yin	Mai Men Dong Tang Ophiopogonis Decoction	Heat from Stomach yin deficiency scorching the Lung yin
		Zeng Ye Tang Increase the Fluids Decoction	Constipation due to exhaustion of fluids (usually after a febrile disease)

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
EXPEL DAMPNESS	Transform Dampness	Ping Wei San Calm the Stomach Powder	Dampness stagnating in the Spleen and Stomach
		Huo Xiang Zheng Qi San Patchouli/Agastache Powder to Rectify the Qi	Externally-contracted wind-cold with dampness stagnating in the middle burner (stomach flu)
	Damp-Heat	San Ren Tang Three-Seed Decoction	Early-stage damp-warmth disease or summerheat-warmth disease lodged in the Wei and Qi levels (dampness predominant)
		Yin Chen Hao Tang Virgate Wormwood Decoction	Jaundice due to damp-heat
		Ba Zheng San Eight-Herb Powder for Rectification	Lin syndrome due to damp-heat in the lower burner
		Er Miao San Two-Marvel Powder	Damp-heat lodged in the lower burner
		Si Miao Wan Four-Marvel Pill	Atrophy disorder due to damp-heat pouring downward into the lower burner
	Promote Urination	Wu Ling San Five-Ingredient Powder with Poria	Various patterns of water retention: water buildup (<i>Taiyang Fu</i> syndrome), edema due to Spleen deficiency, or retention of thin mucus in the lower burner
		Zhu Ling Tang Polyporus Decoction	Urinary difficulty due to clumping of water and heat
		Wu Pi San Five-Peel Powder	Skin edema due to Spleen deficiency with dampness
		Fang Ji Huang Qi Tang Stephania and Astragalus Decoction	Wind-dampness or wind edema due to exterior deficiency and an invasion of wind and dampness
	Warm & Transform Water	Ling Gui Zhu Gan Tang Poria, Cinnamon Twig, Atractylodes, and Licorice Decoction	Thin mucus in the epigastrium due to Spleen yang deficiency
		Zhen Wu Tang True Warrior Decoction	Water retention due to Kidney and Spleen yang deficiency
		Shi Pi Yin Bolster the Spleen Drink	Yin-type edema (pitting edema in the lower body) due to Spleen and Kidney yang deficiency

CATEGORY	SUBCATEGORY	FORMULA	PATTERN
EXPEL DAMPNESS (CONT.)	Wind-Dampness	Qiang Huo Sheng Shi Tang Notopterygium Decoction to Overcome Dampness	Bi syndrome with wind-dampness predominant
		Juan Bi Tang Remove Painful Obstruction Decoction	Bi syndrome due to wind-cold-damp obstructing the free flow of qi
		Du Huo Ji Sheng Tang Pubescent Angelica and Taxillus Decoction	Chronic Bi syndrome due to Liver and Kidney deficiency as well as qi and blood deficiency
		Gui Zhi Shao Yao Zhi Mu Tang Cinnamon Twig, Peony, and Anemarrhena Decoction	Recurrent Bi syndrome with localized heat
DISPEL PHEGM	Damp-Phlegm	Er Chen Tang Two-Aged [Herb] Decoction	Phlegm-dampness in the Spleen or Lung
		Wen Dan Tang Warm Gallbladder Decoction	Gallbladder and Stomach disharmony with phlegm-heat
	Phlegm-Heat	Qing Qi Hua Tan Wan Clear the Qi and Transform Phlegm Pill	Phlegm-heat in the Lung causing cough
	Dry-Phlegm	Bei Mu Gua Lou San Fritillaria and Trichosanthes Fruit Powder	Dryness in the Lung injuring the fluids and causing phlegm
	Phlegm-Cold	San Zi Yang Qin Tang Three-Seed Decoction to Nourish One's Parents	Coughing and wheezing due to phlegm-cold in the Lung with qi stagnation
	Phlegm & Wind	Ban Xia Bai Zhu Tian Ma Tang Pinellia, White Atractylodes, and Gastrodia Decoction	Internal wind-phlegm rising upward causing dizziness and vertigo
		Zhi Sou San Stop Coughing Powder	Cough occurring as the sequela to externally-contracted wind-cold
FOOD STAGNATION	Food Accumulation	Bao He Wan Preserve Harmony Pill	Food stagnation
ABSCESSSES & SORES	External Abscesses	Wu Wei Xiao Du Yin Five-Ingredient Drink to Eliminate Toxin	All types of boils and carbuncles due to fire toxin
		Yang He Tang Balmy Yang Decoction	Yin-type flat abscess due to cold and phlegm with underlying blood deficiency
	Internal Abscesses	Da Huang Mu Dan Tang Rhubarb and Moutan Decoction	Early-stage Intestinal abscess due to interior clumping of heat and blood